Proposed Year 6 Non-Statutory Sex Education Overview

Year 6 – Non-Statutory Sex Education

As part of our Relationships, Sex and Health Education (RSHE) curriculum, Year 6 pupils may receive additional, age-appropriate sex education to prepare them for the transition to secondary school.

The only part of the RSHE curriculum that is non-statutory is delivered in Year 6, and is contained to one lesson on the RSHE overview entitled ‘Making Babies’ All other lessons, units are part of the statutory content.

The proposed non-statutory content includes:

- Understanding how babies are conceived through sexual intercourse.
- Understanding the process of conception and fertilisation.
- Developing an age-appropriate understanding of pregnancy and how a baby develops before birth.

This content goes beyond statutory Relationships Education, Health Education and National Curriculum Science.

Parents and carers have the right to request that their child is withdrawn from these non-statutory sex education lessons. This **right does not apply** to statutory Relationships Education, Health Education or Science.

Objectives	Vocabulary	Teaching Activities
Children will be able to: • Identify the changes that happen through puberty to allow sexual reproduction to occur; • Describe the variety of ways in which the sperm can fertilise the egg to create a baby; • Know the legal age of consent and what it means; • Recognise that conception can be prevented.	Egg Ovaries Sperm Testicles Puberty Vagina Penis Orgasm Embryo Womb Sexual intercourse Consensual Condom Surrogacy Adoption IVF Age of consent Miscarriage Conception Consensual relationship Hug Cuddle Kiss Erection Vaginal wetness Excited Pleasurable feeling Implant Pregnancy Birth Caesarean Cut Labour Muscles Cervix Hips widen Wet dreams Vulva Scrotum Nipples Loving relationship Cells Semen Ejaculate Hormones Menstrual cycle Ripen Lining of womb Mature egg Ovulation Fallopian tube Fertilisation Uterine lining Period Vaginal childbirth Pelvis Efface Dilate Contractions Mucous plug Water break Doctor Midwife Cervical opening Birth canal Delivery Active labour Contracts Crowning fetal head Episiotomy Skull bones Umbilical cord Placenta Breastfeeding Queer couple Gay Lesbian Stepchildren Foster parents Alternative insemination Reproductive technology Biological Co maternity Donate sperm Blended family Sperm bank Uterus (womb) Ova Fertilised egg Derogatory Homophobic	**Activity 1** – Puberty for Reproduction: Children work in small groups to identify and label the male and female reproductive body parts using body outline diagrams. They recap the correct scientific names for private body parts and explore the physical changes that happen during puberty, including periods, breast development, widening hips, sperm production and erections. Children also discuss personal boundaries and why private parts should be respected. **Activity 2 –** Conception: Children learn how a baby is conceived through sexual intercourse, exploring how sperm travels to meet an egg and how fertilisation takes place. Using labelled diagrams and an animated video, they follow the process from fertilisation and implantation through to pregnancy and birth. They also explore different ways families can have children, including IVF, adoption and surrogacy, recognising that families come in different forms. **Activity 3 –** Conception and Pregnancy Timeline: Working collaboratively in small groups, children are given a set of shuffled timeline cards showing the different stages of conception and pregnancy. They discuss and organise the cards into the correct sequence, from the release of an egg and fertilisation through to embryo development, implantation, pregnancy and birth. Children then check their sequences and discuss the key stages of a baby's development.